## New England Zone All-Star Team 2005 Code of Conduct

Please read and sign the following Code of Conduct:

All swimmers participating on the New England All-Star Zone Team are expected to follow all of the rules and standards set by the coaches and the chaperones on the trip.

- 1. All participants must travel with the group at all times unless he or she has made other arrangements ahead of time that have been approved by the coaches. One is NEVER permitted to travel alone. Please use the buddy system at all times and stay with your assigned trip group.
- 2. All participants are expected to be on time for all team meals, team meetings and departures. Please check in with the chaperones at the assigned times. Failure to do so will result in your immediate return home at the expense of your parents.
- 3. A signed medical release is on file for the participants with the coaches. Any serious medical condition will be communicated to the parents of the participants as quickly as possible.
- 4. Please remember that you are representing New England Swimming and you are expected to present the best possible image of the team at all times. Polite courteous behavior will be enforced at all times.
- 5. There will be a swim vendor and a concessions area away from the pool deck. You are expected to let your chaperone know when you leave the deck to visit these areas and you must travel with a buddy.
- 6. Once the team has arrived at and entered the pool, no participant is allowed to leave the building until the time of team departure unless accompanied by a coach or chaperone.
- 7. No participant is allowed to leave the hotel for any reason other than team departures.
- 8. At the hotel, no swimmer should be in a room of the opposite sex for any reason.
- 9. Your chaperone MUST ALWAYS know where you are whether at the pool or at the hotel.
- 10. During rest times (from 1:00 p.m. 4:00 p.m.) swimmers are to be quietly resting and/ or sleeping in their own beds with the doors closed. If swimmers who are not competing in finals wish to socialize, some chaperones will supervise you in a designated area. Absolute quiet must be maintained on our hall so that swimmers competing in finals may get their needed sleep before finals.
- 11. All swimmers are expected to be present at EVERY meal. You are to stay in the meal room with the team until you have been given permission to leave by the coaches. This is our time to share important team information with everyone. Please be respectful and stay with the group.
- 12. During non-sleep times at the hotel, all room doors must be propped open so that the chaperones can easily supervise activities in the rooms. Room doors will only be closed when swimmers are off of the hallway or sleeping in their own beds. At all other times, doors will be propped.
- 13. All swimmers must wear the New England Team uniform at all times at the pool. Swimmers must wear the team cap, suit, T-shirt, sweatshirt and shorts at all times when not in the pool. NO swimmer is allowed to wear any team gear from his or her home club.
- 14. All swimmers are expected to follow the requests and rules set forth by the chaperones and coaches, including warm-up procedures and relay order.

These travel regulations have been set with your safety in mind. We want you, and future participants, to benefit from this experience in the most positive way. By working together and acting responsibly, every participant in assured a wonderful team event. INFRACTIONS OR VIOLATIONS OF THESE POLICIES WILL RESULT IN A SWIMMER RECEIVING DISCIPLINARY ACTION OR IN BEING SENT HOME EARLIER THAN SCHEDULED AT THE PARENTS EXPENSE.

I have read the policies outlined above and agree to abide by them
Swimmer's signature
I have read the policies and agree with them in their entirety.
Parent's signature
I have read the policies and agree with them in their entirety. I agree to enforce these rules as a New
England Chaperone.
Chaperone signature