

NCAC Open – January 31 – February 1, 2004

Meet Information for Participating Teams

Thank you for signing up for the inaugural NCAC Open team specialty meet. As a reminder all events will be swum as 12 & Under (morning) and 13 & Over (afternoon) but awards will be distributed based on standard age groups. The goal is to give swimmers a heat of comparably fast swimmers regardless of age.

Change in Afternoon Session Warm-up Times

The response to this first time for hosting this meet was overwhelming. The result is while the meet is comfortably full, the sessions are uneven. This is not a surprise since all the 12 & unders are in one session but it still means the morning sessions will be much longer than the afternoon sessions. To account for this we would like to delay the afternoon warm-ups each day by half an hour to ensure we have time to complete the morning session without afternoon swimmers having to wait for warm-ups and their events.

| | | |
|--------------------------------|----------------|-------------------|
| New Afternoon Session Times: | Warm-ups | Meet |
| Saturday and Sunday Mornings | 7:30 – 8:30 AM | 8:30 AM no change |
| Saturday and Sunday Afternoons | 1:30 – 2:30 PM | 2:30 PM new time |

The 1000/1650 free session Saturday evening will start at 6:30 PM or 20 minutes after the last heat of the afternoon session, whichever is later. The 1000 will be swum first, seeded girls and boys combined, fastest to slowest. Then the 1650 will be swum, also combined and seeded fastest to slowest.

Timing Assignments

We request help from all the teams in providing timer coverage for the Saturday and Sunday sessions. Teams are asked to provide the indicated number of timers for the lane for the length of the session. Timers should report to the back pool for a timers meeting, 25 minutes before the start of each session.

| | Mtg | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
|-----------|--|----------|----------|----------------------|----------------------|---------------------|----------------------|
| Sat AM | 8:05 | NCAC (2) | NCAC (2) | HRY (1) RAYS (1) | GTRS (1) MST (1) | CCBS (1) EST (1) | LRW (1) STA (1) |
| Sat PM | 2:05 | NCAC (2) | NCAC (2) | CCBS (1) RAYS (1) | GTRS (1) MASA (1) | EST (2) | FINS (1) LRW (1) |
| 1000/1650 | Teams must provide a timer and a counter for each swimmer for that heat only | | | | | | |
| Sun AM | 8:05 | NCAC (2) | NCAC (2) | HRY (1) VAST (1) | GTRS (1) MST (1) | EST (1) RAYS (1) | FINS (1) LRW (1) |
| Sun PM | 2:05 | NCAC (2) | NCAC (2) | LRW (1) VAST (1) | GTRS (2) | EST (2) | ESSC (1) FINS (1) |

Warm-up Assignments

Teams should do sprints during their assigned warm-up times. Teams that have early warm-ups on Saturday, have late warm-ups on Sunday and vice versa.

| | | |
|-------------|-------------|--|
| Saturday AM | 7:30 – 8:00 | LRW, MST, NCAC, PST, RAYS, STA, VAST |
| | 8:00 – 8:30 | CCBS, EST, FINS, GTRS, HRY, MASA |
| Saturday PM | 1:30 – 2:00 | ESSC, LRW, MST, NCAC, PST, RAYS, STA, UN, VAST |
| | 2:00 – 2:30 | CCBS, EST, FINS, GTRS, HRY, MASA |
| Sunday AM | 7:30 – 8:00 | CCBS, EST, FINS, GTRS, HRY, MASA |
| | 8:00 – 8:30 | LRW, MST, NCAC, PST, RAYS, STA, VAST |
| Sunday PM | 1:30 – 2:00 | CCBS, EST, FINS, GTRS, HRY, MASA |
| | 2:00 – 2:30 | ESSC, LRW, MST, NCAC, PST, RAYS, STA, UN, VAST |

Officials

Any of you interested in officiating should bring your outfit and report to the pool office during the first part of warm-ups. There will be an officials meeting in the Pool Office 20 minutes into each warm-up. (Morning sessions 7:50 AM, Afternoon sessions 1:50 PM)

Time Trials

Time trials will be available at the discretion of the meet director and the referee. Afternoon warm-ups will not be postponed for the running of time trials after a morning session. If there is time between the sessions, then time trials are possible. There will definitely be time to do some time trials after the Saturday afternoon session and before the distance events Saturday night. Time trials will cost \$5.00 per swim which is payable at the time of the time trial request during the session.

Directions

From I-89 in NH, take Exit 18 (Route 120) north to Hanover. At the Y intersection, bear right on to Park St. (Mobil Gas on right, Ledyard Bank in the middle of Y.) Alumni Gym is on the left at the second light (Wheelock St.) Enter by going up the steps on Wheelock St.

From I-91 in VT, take Exit 13 east across the Connecticut River to Hanover. Proceed through the light at the top of the hill on Wheelock St. Alumni Gym will be on the right just after the first street on the right (Crosby St.) Use the front entrance on Wheelock St.

Parking

1. Free parking will be available in the Thompson Arena Lot parking during the day both days.
2. Both the Dartmouth Men's Basketball team and the Dartmouth Men's Hockey team will be playing at home Saturday night so the Thompson lot will be limited/full Saturday evening.
3. There will be a free shuttle bus service from the DMS Lot starting sometime after 4:00 PM.
4. The Hanover Parking Garage is located on Lebanon Street between Main Street and the back side of the Alumni Gym (just after passing Ben and Jerry's and Subway). Parking is free on Sunday.
5. Street parking may be available. The parking meters are active on Saturdays.

